

# THANKSGIVING WEEKEND 2023

## CHINESE FAMILIES FOR CHRIST FVC ACTIVITY GUIDE

KEY:

 Cost |  Sign Ups

WEDNESDAY

THURSDAY

































FRIDAY

SATURDAY

SUNDAY

Sign-ups for the following activities will be held “day-of” (Thursday–Saturday) in Brookside meeting room (under the dining room) from 7:45–9:00AM.

All 3<sup>RD</sup>–5<sup>TH</sup> graders will experience Discovery Grove and Climbing Wall during Day Camp on Friday or Saturday morning.

		WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SAME DAY SIGN UP ACTIVITIES	 <b>SEQUOIA ADVENTURE COURSE</b>  17 different high ropes elements that range from 30–80' above ground, and ends with two ziplines. Age 10+. Weight 75–250 lbs. Height : at least 57 inches. Closed-toed shoes. <b>LOCATION:</b> Sequoia Adventure Course		  1:15PM–3:15PM	  1:15PM–4:45PM	  1:15PM–4:45PM	
	 <b>DISCOVERY GROVE</b>  7 different high ropes elements that range from 5 to 20 feet above ground, and ends in a zipline. Age 5+. Ages 5 & 6 accompanied by adult. Weight 45–250 lbs. Closed-toed shoes. <b>LOCATION:</b> Behind Fieldhouse		  1:30PM–3:00PM	  1:30PM–5:00PM	  1:30PM–5:00PM	
	 <b>ARCHERY</b>  Ages 5+. Ages 5–10 accompanied by adult. <b>LOCATION:</b> Conference Drive past the Fieldhouse and take the first trail on the left.		  1:30PM–3:00PM	  1:30PM–4:30PM	  1:30PM–4:30PM	
	 <b>OUTDOOR CLIMBING WALL</b>  Ages 5+, Weight 25–250 lbs. Closed-toed shoes. Sign-ups at the climbing wall <b>LOCATION:</b> Behind Fieldhouse		  1:30PM–3:00PM	  1:30PM–5:00PM	  1:30PM–5:00PM	

## 2023 FVC ADVENTURE ACTIVITIES SIGN UP GUIDELINES




















1. Daily sign up time is at **7:45AM** for that day’s activities, first come, first serve.
2. You can only sign up your own family: must bring everyone’s name tags to sign up (photos okay)
3. At sign up, Mount Hermon staff will ask families to write down names and registration numbers (on name tag)
4. Each person can only be signed up for one activity per day.
5. Each person can only be signed up for each activity once during the entire camp, unless if spots are not filled at the end of sign-up time.

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**WEDNESDAY**  
**THURSDAY**  
**FRIDAY**  
**SATURDAY**  
**SUNDAY**

KEY:

 Cost |  Sign Ups

		WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>RECREATION ACTIVITIES</b>	 <p><b>CARNIVAL</b> Bring your whole family to the carnival and enjoy the bounce house, corn hole, football toss, scoot bikes, golf game, and ladder ball.</p> <p><b>LOCATION:</b> Fieldhouse Meadow</p>		 <p>3:30PM-5:00PM</p>			
	 <p><b>FIELDHOUSE</b> Available at the Fieldhouse: Bocce sets (bocce balls at the court) horseshoes   shuffle board  recreation balls and frisbees to be used on the meadow   basketball   volleyball &amp; badminton (net set-up on request) ping-pong    air hockey   foosball    pool   games &amp; puzzles   piano   table shuffle board</p> <p><b>LOCATION:</b> Fieldhouse</p>	 <p>9:00PM-10:30PM</p>	 <p>1:30PM-5:00PM, 9:00PM-10:30PM</p>	 <p>1:30PM-5:00PM, 9:00PM-10:30PM</p>	 <p>1:30PM-5:00PM, 9:00PM-10:30PM</p>	
<b>TOURNAMENTS</b>	 <p><b>4-ON-4 BASKETBALL TOURNAMENT</b> 2:00-4:30PM Sign-ups in the Auditorium</p> <p><b>LOCATION:</b> Fieldhouse Gymnasium</p>				 <p>2:00PM-4:30PM</p>	
	 <p><b>PING-PONG TOURNAMENT</b> 2:00-4:30PM Sign-ups in the Auditorium</p> <p><b>LOCATION:</b> Fieldhouse Game Room</p>				 <p>2:00PM-4:30PM</p>	
<b>FITNESS</b>	 <p><b>FITNESS CENTER</b> Treadmills, Stationary Bikes, and Free Weights. Use key card or key from Front Desk. <u>Ages 16+</u>. Ages 16 &amp; 17 must be accompanied by an adult.</p>	 <p>5:30AM-11:00PM</p>	 <p>5:30AM-11:00PM</p>	 <p>5:30AM-11:00PM</p>	 <p>5:30AM-11:00PM</p>	 <p>5:30AM-11:00PM</p>